

Remarkable Relationships 3-month online course

Become your own healer with this comprehensive course in self-love.

www.gettingnaked.com.au



PARTICIPANT AGREEMENT

CLIENT: By committing to this agreement you are agreeing to the terms and conditions of the *Remarkable Relationships* 3-month online course. This agreement sets out the context in which you will get the outcome you want. It also covers some of the issues of law governing our relationship.

1. Your Trainer/Therapist:

Your course trainer Tamra Mercieca is a Relationship and Self-Love Therapist, Author and founder of the online school *Getting Naked Pty Ltd*. Tamra is qualified in a range of modalities holding a certificate IV in both Life and Business Coaching and Training and Assessment, as well as being trained and certified in Neuro-Linguistic Programming, Time-Line Therapy and Therapeutic Hypnosis (having been accredited with the relevant boards of America) and Conscious Pregnancy Kundalini Yoga Teacher Training.

Tamra is an accredited UI (Universal Intelligence) Mentor, has completed the teacher training in The Billings Ovulation Method, has undergone Lifeline's Asist (Applied Suicide Intervention Skills Training) as well as completing a Wellness Leader Certificate. On top of this, Tamra has studied HeartMath, Positive Psychology, Energy Healing, Quantum Physics, Shamanism, Tantra, Taoism, Zen teachings, Body De-armouring, Alexander Technique and Laughter Yoga with teachers world-wide.

It was through this accumulation of knowledge, practical application, deep inquiry and ongoing personal insights, that Tamra developed what she now coins *Naked Therapy*; the modality upon which the *Remarkable Relationships* course is based.

Tamra is a legal Complementary Healthcare Provider, and not a licensed Medical Doctor, Psychologist, Psychiatrist, Master's in Family and Child Counselling (MFCC), or a Master's in Social Work (MSW). The services you receive are not licensed in this state, nor are they regulated by a governmental body. If you are on medication you **MUST** inform your therapist. Furthermore, nothing that happens during this course should be construed as, nor should you believe that it is a substitute for the advice of a licensed person.

2. What To Expect:

This 3-month online course begins with setting a goal about what it is you wish to achieve. From there Tamra will educate you on the processes required to attain the desired results, giving you a five-step formula on how to remove the hurdles and limiting

beliefs that have been holding you back.

It is vital you listen to each and every session in order to successfully complete this course. Tamra will be taking you through regular visualisations that require your full attention. Therefore, you need to be in a room where you will not be disturbed or distracted; that means mobile phones or other distracters must be switched off. Please do NOT listen to the lesson audios while driving.

If you have participated in any form of self-development before, expect this course to be very different. Tamra will not spend a lot of time talking about the problem, just gathering information about it in order to help you identify and remove the individual limiting beliefs keeping you stuck. You will learn specific techniques to rise above your negative emotions and feelings so you can clear out any gunk that has been stored from the past, enabling you to make decisions from a clear and loving space.

3: The Process:

Each weekly audio session will be approximately one hour in length. The recording **MUST** be listened to within 48 hours of the session being released. This is to ensure you have time to complete the required homeplay. You will have access to the session audios in the private participants section of the website for 10-months from the start of the course.

Each week you will be sent a playsheet (if you do not receive it by midday Monday of the week, please contact Tamra immediately), which you will need to have with you for the session, along with a pen. There will also be a weekly visualisation track that you will need to download from the website. This **MUST** be listened to daily for one week (from the night of the session) to achieve maximum results.

Visualisations are an important tool to reach the deeper recesses of the mind and transform the beliefs that are holding you back in life. These should **NOT** be listened to while driving, as they require you to be in a relaxed state with your eyes closed. The suggestions made during these visualisations loosen your negative programming, making your homeplay much easier to complete.

4. After Each Session:

You will come up with a list of specific tasks to do. Once assigned, these tasks are, absolutely, a fundamental part of the course. The tasks are directly related to the circumstances that created the problem you are working to overcome. **YOU MUST DO THEM.** If you do not, then neither you nor Tamra can predict the outcome of this course.

Tamra will give you the skills and the formula to create change, **YOU** are the one who needs to take full responsibility for your life and put them into action. Your level of commitment will dictate the results you get from this course. Therefore you are encouraged to make a commitment to yourself to complete all required tasks to the best of your ability, and to seek help, should you get stuck.

The second important point is that you will need to stubbornly focus on what you **want**. The people who are the happiest over-all in life are those who recognise they have a

choice to focus on what they *don't* want or what they *do* want. You can focus on negative emotions and things that make you feel bad, or you can focus on positive emotions and things that make you feel good. It is your choice. After each weekly session, **YOU MUST FOCUS ON WHAT YOU WANT**. If your old pattern rears its ugly head, then you must refuse to run that pattern again.

5. Support During The Course:

You will get unlimited email access to Tamra for the duration of the three month course. It is **YOUR** responsibility to ask for help when you need it and share your wins and challenges so Tamra can help you as required. While you may send as many emails as you like throughout the course, emails will only be checked and responded to on Mondays, Thursdays and Saturdays.

You will also receive two one-on-one 45-minute phone/Skype sessions with Tamra (or one session if you have worked with Tamra as part of her one-on-one program), which can be taken anytime after lesson 2 and before the final lesson is released. Should you require extra assistance, one-on-one sessions are available at an additional cost to the course fee, and can be booked in at any time.

In addition to this you will also receive 3 Love Infusions (energy healing sessions). It is your responsibility to create the time and space to take part in these sessions. These are a crucial part of the course, and will greatly increase your ability to achieve the goal you set in lesson 1.

6. Naked Therapy explained:

Naked Therapy is the process of using the subconscious mind to strip off the layers of childhood conditioning keeping you from enjoying a healthy and nourishing relationship with **YOU**. You will feel instantly lighter and more confident as you start to remove the limiting beliefs that have been keeping you from enjoying the love, happiness and pleasure available to you.

As a child we are programmed much like a computer on how to think, act and behave. It is this programming that creates lack, debt, scarcity, struggle and pain in our life. *Naked Therapy* focuses on undoing this programming, so that you may live as your True Self, and enjoy your natural state of being: Love.

Naked Therapy techniques have demonstrated results in a broad variety of presenting problems from overcoming mental disorders and physical disorders, creating the dream job or ideal partner, to having financial freedom and nourishing relationships both personally and professionally. It is a powerful technique, which allows clients to make long-lasting changes in a very rapid way.

7. Privacy and Confidentiality

We keep all information we receive from you, confidential, and do not disclose it to persons outside our company. All client information is kept strictly confidential and is for our internal use only. This excludes any testimonial that is agreed upon once the course is complete.

While you are free to discuss your personal results from our programs and training, you must keep the experience and statements, oral or written, of all other participants in the strictest of confidence. This course is an open forum where participants will be disclosing personal information and for that reason, it is **MANDATORY** you **DO NOT** discuss other people's experiences with anyone outside the course.

Please note also, that the one-on-one sessions you have with Tamra cannot be recorded, unless written permission is given prior to the session. Please note that recording sessions with Tamra without her written consent is by law, illegal.

The **Remarkable Relationships** course is subject to *Getting Naked Pty Ltd's* [Privacy Policy](#).

8. Intellectual Property

You agree that the **Remarkable Relationships** course contains proprietary information and material that is owned by *Getting Naked Pty Ltd* and is protected by copyright, trademark and other applicable intellectual property laws. Duplicating, sharing or uploading course files to sharing sites is considered stealing and the company will prosecute such misconduct to the fullest extent permitted by law.

Getting Naked Pty Ltd provides you with the **Remarkable Relationships** course solely for your personal, noncommercial use, and you agree that you will not use such proprietary information or materials in any way whatsoever except for use in compliance with this Agreement. This means only YOU can use the materials provided. Sharing the resources or password logins with people who are not receiving the support from Tamra can be dangerous and is not permitted under this agreement.

You may not modify, copy, reproduce, republish, upload, post, transmit, rent, lease, loan, translate, sell, create derivative works, exploit, or distribute in any manner or medium (including by email or other electronic means) any material from the **Remarkable Relationships** course.

9. Community Rules

The **Remarkable Relationships** community (including the private Facebook group) is there for people to support and inspire each other. It is **NOT** for use of self-promotion of products or services. This is a place for learning and is a pitch-free, solicitation-free and sales-free environment. Your failure to comply with these terms will result in immediate termination from the community.

10. Payment Policy

You are responsible for paying for the **Remarkable Relationships** course in full and for providing us with a valid credit card or other payment method. If you have selected a payment plan and you miss a payment, you may be charged an additional administration fee of \$50 per missed payment.

If the course is not paid in full by the last live session (or a prior agreed upon date)

Getting Naked Pty Ltd reserve the right to report any balance owed to a credit reporting bureau and/or collections agency subject to the company's sole discretion until the account is caught up and in good standing.

To be clear, the **Remarkable Relationships** course is not a "pay in part" program where you can pay only for access to certain sessions and not others. This is a full immersion program and your payment plan is a convenience that we offer so that you can make the price sustainable.

By purchasing the **Remarkable Relationships** course you accept, agree and understand that you are fully responsible for your progress and results from your participation and that we offer no representations, warranties or guarantees verbally or in writing regarding your outcomes. **The course fee is non refundable under any circumstances.**

11. Limitation Of Liability

Under no circumstances shall *Getting Naked Pty Ltd*, its owner, employees, affiliates, contractors or licensees, be liable to you for any direct, indirect, consequential incidental, special, exemplary or punitive damages arrives from or out of your use of purchase of the **Remarkable Relationships** course.

Your sole and exclusive remedy is to discontinue using the course content. Because some states or jurisdictions do not allow the exclusion or limitation of liability for consequential for incidental damages, in such states or jurisdictions *Getting Naked Pty Ltd's* liability shall be limited to the fullest extent permitted by law.

12. Non-Disparagement

You agree that you will not engage in any conduct or communications with a third party, public or private, designed to disparage *Getting Naked Pty Ltd* or Tamra Mercieca including but not limited to any remark, comment, message, information, declaration, campaign, communication or other statement of any kind, whether verbal, in writing, electronically transferred or otherwise, that might reasonably be construed to be derogatory, defamatory, libellous or slander.

13. Termination

Getting Naked Pty Ltd is committed to providing all participants in the course with a positive experience. If you fail, or *Getting Naked Pty Ltd* suspects that you have failed, to comply with any of the provisions of this Agreement, the Company, in its sole discretion and without notice to you, may: (a) limit, suspend, or terminate your participation in the **Remarkable Relationships** course without refund or forgiveness of monthly payments; and/or (b) terminate this Agreement. Your obligations to the Company under this Agreement will survive expiration or termination of this Agreement for any reason.