

GREAT SEXPECTION 11

If my sex doesn't resemble a porno, I'm doing it wrong

Sorry guys but porn was never designed to be an instructional guide.

It's for entertainment only.

Those scenes where you see the guy sticking it into the woman's arse without any prior stimulation?

It doesn't happen.



The anus needs lots of timely preparation, hence why the warm-up scenes often get left on the cutting room floor.

And this is just one example of how porn isn't where you want to learn about real life sex.

We've learnt a lot about how sex should look and feel from pornos, friends, the internet.

This essentially programs us to have sex in a very physical goal-oriented way.

And it's this social conditioning that gets in the way of us having the more profound sexual experiences that nourish us on all levels.

You know the experiences I'm talking about...

Multiple and full body orgasmic bliss that leaves you feeling transformed!

That's what's possible to all of us, if we stop taking lessons from what we see on television and start feeling into our own bodies.

And that leads us into our final *Great Sexpection*: Anal sex is just for gay couples.

If you've ever been curious about anal sex – even just a *teeny* bit of curiosity – then you'll love what I have to share tomorrow.

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